

## 2011 MSABC Swimming Championships - 15/04/2011 to 17/04/2011

## Psych Sheet - Friday night

## #1 Mixed 1500 SC Meter Freestyle

## Sponsor: Critical Performance Okanagan

Name	Age Team	Seed Time
1 Hobbs, Brent	M44 OMSC	18:00.00
2 Craig, Rod	M51 NSM	18:30.00
3 Ferguson, David	M38 UBC	18:31.71
4 Cheng, Yue Ching	M26 HCM-BC	19:00.00
5 Welechuk, Jeff	M41 WRSA	19:09.09
6 Kalas, Pam	W35 CDM	19:45.00
7 Carmichael, Rod	M60 VIC	20:50.00
8 Hallamore, Chris	M39 EBSC	21:00.00
9 Salon, Nadia	W25 REVL	21:00.00
10 Myers, Mary Anne	W56 WGB	21:01.00
11 Kendal, Keith	M50 VIC	21:10.10
12 McManus, John	M57 NAVY-BC	21:20.67
13 Boice, Sarah	W22 KSUN	21:35.70
14 Cooke, Mike	M42 ORCA	21:53.24
15 Deneffe, Regis	M44 EBSC	21:59.00
16 Cann, Chris	M27 NAVY-BC	22:01.00
17 Marchand, Richard	M48 WKM	22:30.00
18 Medcalf, Laura	W31 OMSC	22:30.00
19 Versfeld, Hella	W61 OMSC	22:30.00
20 Bailey, Kari	W44 OMSC	22:30.00
21 Beatty, Jeffeson	M50 REVL	22:30.00
22 Johnson, Paul	M50 EBSC	23:04.00
23 Duval, Kerry	W46 SEMI-BC	23:15.69
24 Renning, Rhonda	W44 OMSC	23:17.00
25 Lingley, David	M61 HYACC-VD	23:30.00
26 Tannas, Karen	W45 VIC	23:30.00
27 Whyte, Chris	W51 KSUN	23:49.66
28 Alldritt, Miranda	W34 NSM	24:00.00
29 Manley, Theo	W56 WRW	24:30.00
30 Rutter, Mark	M38 ORCA	24:30.00
31 Dowling, Mike	M64 NSM	24:40.00
32 Babb, Troy	M56 HCM-BC	24:45.00
33 Wilkins, Bob	M63 SHUMT	25:30.00
34 Leach-Trask, Jennifer	W56 OMSC	25:50.00
35 Younk, Karina	W51 NEBB	25:54.42
36 Crofts, Neil	M49 ORCA	27:15.00
37 Gibbings, Don	M61 ORCA	27:30.00
38 Ellis, Earl	M75 UNAT	28:00.00
39 Watt, Robin	W36 SHUMT	28:00.00
40 Newth, Valerie	W65 OMSC	30:00.00
41 MacPherson, Linda	W73 SHUMT	30:00.00
42 Hayward, Sallyann	W37 OMSC	31:08.00
43 Howes, Wendy	W48 OMSC	31:56.00
44 Varty, Eulah	W77 COWI	32:08.49
45 Schreiber, Danita	W48 OMSC	32:26.00
46 Jelen, Jaroslaw	M68 ORCA	34:00.00
47 Roberts, Marion	W76 WCMSC	38:53.27
48 Hambrook, Gladys	W80 OMSC	40:30.00

SEEDING WILL BE DONE AFTER POSITIVE CHECK-IN

SEEDING WILL BE FASTEST TO SLOWEST

Positive Check-in: On deck ONLY

Deadline: Friday 5:30PM April 15, 2011

## 2011 MSABC Swimming Championships - 15/04/2011 to 17/04/2011

## Meet Program

<b>#2 Mixed 400 SC Meter Medley Relay</b>				<b>Heat 2 of 11 Finals</b>				<b>Heat 8 of 11 Finals</b>								
<b>Sponsor: Culligan Water</b>				1	Scantland, James	M77 NEBB	1:00.02	1	Chiu, Cary	M41 VIC	37.00	2	Wallace, Laurie	W42 CMSC	36.90	
<b>Team</b>	<b>Relay</b>	<b>Seed Time</b>		3	Korbely, Erika	W70 HCM-BC	58.72	3	Graham, Kathy	W53 WIN	36.11	4	Carmichael, Rod	M60 VIC	36.00	
--- No entries for this event				4	Ratkay, Julia	W49 SEMI-BC	56.26	5	Siska, Attila	M20 HCM-BC	36.00	6	Reid, Jennifer	W28 VIC	36.64	
<b>#3 Mixed 200 SC Meter Breaststroke</b>				5	Schulhof, Fred	M92 NSM	57.42	7	McCall, Janie	W52 WRSA	37.00	8	Staton, Brian	M64 NEBB	37.50	
<b>Sponsor: Scotia Bank</b>				6	Arkle, Louise	W51 WTMSC	59.00	<b>Heat 9 of 11 Finals</b>				1	Salon, Nadia	W25 REVL	35.00	
<b>Lane</b>	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Heat 3 of 11 Finals</b>				2	Ott, Stephen	M52 OMSC	35.00	3	MacDonald, Sarah	W51 VIC	34.00
<b>Heat 1 of 5 Finals</b>				1	Steinmann, Manfred	M68 WTMSC	55.46	4	Sheehan, Cathy	W51 OMSC	33.49	5	O'Brien, Peter	M62 WRSA	33.81	
3	Davis, Nancy	W75	CMSC	5:30.00	2	Russo, Monique	W51 OMSC	55.00	6	Hobbs, Liz	W50 EBSC	34.99	7	Colter, Dave	M43 WIN	35.00
4	Campbell, Sheila	W66	WCMSC	4:52.00	3	Ho, Fernanda	W59 WIN	52.98	8	Yearwood, Lynn	W44 VIC	35.50	<b>Heat 10 of 11 Finals</b>			
5	Roberts, Marion	W76	WCMSC	5:05.64	4	Wiens, Barb	W64 NSM	50.00	1	Feinberg, Avi	M32 UBC	33.00	2	Anderson, Kevin	M41 UNAT	32.50
<b>Heat 2 of 5 Finals</b>				5	Stamhuis, Conny	W79 OMSC	52.09	3	Sutherland, Pascal	M35 OMSC	32.00	4	Weltzin, Garry	M52 SEMI-BC	31.50	
1	Varty, Eulah	W77	COWI	4:49.55	6	McKilligan, Frances	W73 NSM	53.87	5	Garside, Simon	M51 WRSA	31.95	6	Yajima, Mitsuaki	M39 EBSC	32.23
2	Warren, Sue	W70	VCSS	4:15.02	7	March, Joanne	W48 OMSC	55.07	7	Szirmai, Alex	M54 REVL	33.00	8	Sanderson, Greg	M45 NSM	33.40
3	Dowling, Mike	M64	NSM	4:08.00	8	Henderson, Carolyn	W66 VCSS	56.00	<b>Heat 11 of 11 Finals</b>				1	Savage, Arthur	M30 HYAC	31.00
4	Burvill, Ian	M65	NEBB	3:52.00	<b>Heat 4 of 11 Finals</b>				2	Sherwood, Alex	M25 KSUN	29.91	3	Wilkins, Paul	M30 UBC	28.90
5	Arkle, Louise	W51	WTMSC	4:01.00	1	Ito, Masa	M64 EBSC	48.00	4	Welechuk, Jeff	M41 WRSA	28.15	5	Markey, Jason	M39 EBSC	28.86
6	Newth, Valerie	W65	OMSC	4:10.00	2	Caskey, Donald	M67 WKM	48.00	6	Coote, Brian	M37 SEMI-BC	29.40	7	McIntyre, Mike	M58 OMSC	30.00
7	Warren, Brough	M69	VCSS	4:30.00	3	Bromley, Heidi	W56 NEBB	46.50	8	Rabinovitch, Nick	M37 OMSC	31.00	<b>#5 Mixed 400 SC Meter Freestyle</b>			
<b>Heat 3 of 5 Finals</b>				4	Shanner, Collette	W44 ORCA	45.44	<b>Sponsor: Stamhuis Family</b>				<b>Lane</b>	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>
1	Zambon, Marjon	W65	OMSC	3:50.00	5	Renning, Rhonda	W44 OMSC	46.00	<b>Heat 1 of 10 Finals</b>				3	Roberts, Marion	W76 WCMSC	9:21.06
2	Lozano, Paola	W25	UBC	3:35.00	6	Ho, Michelle	W31 WIN	47.80	4	Papadopoulos, Kenna	W70 WIN	8:27.87	4	Sluyter, Mary	W71 NEBB	8:38.75
3	Duval, Kerry	W46	SEMI-BC	3:30.69	7	Convey, John	M73 VCSS	48.00	6	Hambrook, Gladys	W80 OMSC	10:01.84	<b>Heat 2 of 10 Finals</b>			
4	Simpson, Gary	M52	CHIL	3:29.22	8	Shirliff, Nadene	W48 WTMSC	48.22	1	Willies, Gord	M73 KSUN	7:21.45	2	Martel, Len	M35 VIC	7:20.00
5	Bell, Peter	M76	NSM	3:30.00	<b>Heat 5 of 11 Finals</b>				3	Ott, Anita	W47 OMSC	7:15.00	4	Hall, Grant	M76 VCSS	7:10.00
6	Hartney, Bonnie	W55	SEMI-BC	3:32.14	1	Pozniak, Gail	W51 SEMI-BC	45.10	5	Sanderson, Margie	W53 NEBB	7:13.00	6	Ellis, Earl	M75 UNAT	7:15.00
7	Smith, Taryn	W44	ORCA	3:45.00	2	Stockstad, Anne Lynn	W21 SEMI-BC	45.00	7	MacPherson, Linda	W73 SHUMT	7:20.00	8	Malczynski, Isabelle	W49 NAVY-BC	7:35.00
8	Kinnear, Renee J	W57	HCM-BC	3:50.49	3	Phillips, Diane	W60 HCM-BC	43.50	<b>#5 Mixed 400 SC Meter Freestyle</b>				<b>Sponsor: Stamhuis Family</b>			
<b>Heat 4 of 5 Finals</b>				4	Machado, Wanda	W41 WKM	42.09	<b>Lane</b>				<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	
1	Kelemen, Nicole	W28	RMM	3:20.00	5	Ryan, Nancy	W63 NEBB	43.00	<b>Heat 1 of 10 Finals</b>				3	Roberts, Marion	W76 WCMSC	9:21.06
2	Hayward, Sallyann	W37	OMSC	3:12.00	6	Tannas, Karen	W45 VIC	44.00	4	Papadopoulos, Kenna	W70 WIN	8:27.87	4	Sluyter, Mary	W71 NEBB	8:38.75
3	Carlsen, Jeanne	W53	WRSA	3:06.58	7	Atkinson, Peter	M44 REVL	45.00	6	Hambrook, Gladys	W80 OMSC	10:01.84	<b>Heat 2 of 10 Finals</b>			
4	Kelsall, Rosemary	W49	REVL	3:06.00	8	Simpson, Mike	M45 SHUMT	45.17	1	Willies, Gord	M73 KSUN	7:21.45	2	Martel, Len	M35 VIC	7:20.00
5	Drinnan, Siubhan	W36	EMSC	3:06.34	<b>Heat 6 of 11 Finals</b>				3	Ott, Anita	W47 OMSC	7:15.00	4	Hall, Grant	M76 VCSS	7:10.00
6	Hartford, Doug	M48	VIC	3:10.50	1	Sawyer, Robyn	W54 SEMI-BC	41.00	5	Sanderson, Margie	W53 NEBB	7:13.00	6	Ellis, Earl	M75 UNAT	7:15.00
7	Hoft, Jeanette	W47	OMSC	3:15.13	2	Brault, Danielle	W55 VIC	40.80	7	MacPherson, Linda	W73 SHUMT	7:20.00	8	Malczynski, Isabelle	W49 NAVY-BC	7:35.00
8	Hoft, Tony	M56	OMSC	3:22.00	3	Simpson, Gary	M52 CHIL	40.15	<b>#5 Mixed 400 SC Meter Freestyle</b>				<b>Sponsor: Stamhuis Family</b>			
<b>Heat 5 of 5 Finals</b>				4	Bailey, Kari	W44 OMSC	40.00	<b>Lane</b>				<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	
1	Kido, Shingo	M26	EBSC	3:00.00	5	Pestell, Stephen	M57 UNAT	40.00	<b>Heat 1 of 10 Finals</b>				3	Roberts, Marion	W76 WCMSC	9:21.06
2	Beaudin, Gilles	M57	EBSC	2:55.50	6	Eidsvik, Chris	M51 NEBB	40.50	4	Papadopoulos, Kenna	W70 WIN	8:27.87	4	Sluyter, Mary	W71 NEBB	8:38.75
3	Carlsen, Glenn	M54	WRSA	2:48.98	7	Medcalf, Laura	W31 OMSC	41.00	6	Hambrook, Gladys	W80 OMSC	10:01.84	<b>Heat 2 of 10 Finals</b>			
4	Hooper, James	M40	UBC	2:45.00	8	Smith, Elizabeth	W63 WIN	41.30	1	Willies, Gord	M73 KSUN	7:21.45	2	Martel, Len	M35 VIC	7:20.00
5	Doyley, Doug	M53	EBSC	2:48.00	<b>Heat 7 of 11 Finals</b>				3	Ott, Anita	W47 OMSC	7:15.00	4	Hall, Grant	M76 VCSS	7:10.00
6	Smirl, Jon	M32	OMSC	2:55.00	1	White, Bryn	W39 ORCA	39.96	5	Sanderson, Margie	W53 NEBB	7:13.00	6	Ellis, Earl	M75 UNAT	7:15.00
7	Campbell, Andrew	M37	SQTI-BD	2:59.99	2	Morris, Daryl	M28 VIC	39.00	7	MacPherson, Linda	W73 SHUMT	7:20.00	8	Malczynski, Isabelle	W49 NAVY-BC	7:35.00
8	Aamodt, Tor	M38	UBC	3:00.00	3	Stockstad, Danica	W19 SEMI-BC	38.47	<b>#5 Mixed 400 SC Meter Freestyle</b>				<b>Sponsor: Stamhuis Family</b>			
<b>#4 Mixed 50 SC Meter Backstroke</b>				4	Martin, Kristi	W22 WRW	38.00	<b>Lane</b>				<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	
<b>Sponsor: Cathy Sheehan/John Kennedy</b>				5	Foreman, Julia	W30 WIN	38.00	<b>Heat 1 of 10 Finals</b>				3	Roberts, Marion	W76 WCMSC	9:21.06	
<b>Lane</b>	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	6	Chancey, Jenni	W27 SQTI-BD	38.50	4	Papadopoulos, Kenna	W70 WIN	8:27.87	4	Sluyter, Mary	W71 NEBB	8:38.75
<b>Heat 1 of 11 Finals</b>				7	Looye, Aart	M67 SEMI-BC	39.00	6	Hambrook, Gladys	W80 OMSC	10:01.84	<b>Heat 2 of 10 Finals</b>				
2	Harder, Ken	M57	ORCA	1:10.00	8	Lau, Andrew	M22 VIC	40.00	1	Willies, Gord	M73 KSUN	7:21.45	2	Martel, Len	M35 VIC	7:20.00
3	Dyk, Mary	W56	HCM-BC	1:06.00	<b>Heat 8 of 11 Finals</b>				3	Ott, Anita	W47 OMSC	7:15.00	4	Hall, Grant	M76 VCSS	7:10.00
4	Miscavish, Thea	W35	NEBB	1:04.00	1	White, Bryn	W39 ORCA	39.96	5	Sanderson, Margie	W53 NEBB	7:13.00	6	Ellis, Earl	M75 UNAT	7:15.00
5	Davis, Lawrence	M71	REVL	1:05.00	2	Morris, Daryl	M28 VIC	39.00	7	MacPherson, Linda	W73 SHUMT	7:20.00	8	Malczynski, Isabelle	W49 NAVY-BC	7:35.00
6	Davis, Nancy	W75	CMSC	1:07.01	3	Stockstad, Danica	W19 SEMI-BC	38.47	<b>#5 Mixed 400 SC Meter Freestyle</b>				<b>Sponsor: Stamhuis Family</b>			

## 2011 MSABC Swimming Championships - 15/04/2011 to 17/04/2011

## Meet Program

**Heat 3 (#5 Mixed 400 SC Meter Freestyle)**

1	Pilon, Carol	W41 VIC	7:02.00
2	Leach-Trask, Jennifer	W56 OMSC	6:46.00
3	Cooke, Heather	W40 ORCA	6:44.93
4	Thornton, Sera	W25 UNAT	6:37.95
5	Smith, Taryn	W44 ORCA	6:42.43
6	Gibbings, Don	M61 ORCA	6:45.00
7	Clegg, Andrew	M38 SQTI-BD	6:47.34
8	Shanner, Collette	W44 ORCA	7:05.13

**Heat 4 of 10 Finals**

1	Younk, Karina	W51 NEBB	6:36.66
2	Whyte, Chris	W51 KSUN	6:33.66
3	Renning, Rhonda	W44 OMSC	6:17.60
4	Eidsvik, Chris	M51 NEBB	6:15.00
5	Tannas, Karen	W45 VIC	6:15.00
6	Wilkins, Bob	M63 SHUMT	6:30.00
7	Crofts, Neil	M49 ORCA	6:35.64
8	Bromley, Heidi	W56 NEBB	6:37.78

**Heat 5 of 10 Finals**

1	Alldritt, Miranda	W34 NSM	6:12.00
2	Simmons, Susan	W46 VIC	6:05.00
3	Sandhu, Jacko	M55 NEBB	6:00.00
4	Rutter, Mark	M38 ORCA	5:57.00
5	Ellis, David	M66 EMSC	5:58.00
6	Blais, Ashley	W22 SEMI-BC	6:01.41
7	Boothroyd, Sa	W50 NSM	6:05.00
8	Dowling, Mike	M64 NSM	6:13.00

**Heat 6 of 10 Finals**

1	Sanderson, Greg	M45 NSM	5:55.50
2	Johnson, Paul	M50 EBSC	5:51.00
3	Chancey, Jenni	W27 SQTI-BD	5:49.30
4	Duval, Kerry	W46 SEMI-BC	5:42.68
5	Triol, Bill	M57 WKM	5:45.00
6	Foreman, Julia	W30 WIN	5:50.00
7	Foster, Kevin	M32 EBSC	5:55.00
8	Lingley, David	M61 HYACC-VD	5:56.00

**Heat 7 of 10 Finals**

1	Versfeld, Hella	W61 OMSC	5:36.00
2	Freeman, Dale	W51 SEMI-BC	5:31.72
3	Achtem, Benjamin	M40 OMSC	5:30.00
4	Myers, Mary Anne	W56 WGB	5:28.00
5	Cooke, Mike	M42 ORCA	5:28.68
6	McKee, Scott	M51 SHUMT	5:30.00
7	Robertson, Deborah	W49 NSM	5:35.90
8	Boice, Sarah	W22 KSUN	5:40.50

**Heat 8 of 10 Finals**

1	Denefle, Regis	M44 EBSC	5:25.00
2	Cruikshank, Jim	M48 HYACC-VD	5:23.88
3	Welbourn, Suzanne	W42 UNATT-VD	5:19.50
4	Kalas, Pam	W35 CDM	5:05.00
5	Wilkins, Lindsey	W30 UBC	5:12.50
6	Beatty, Jefferson	M50 REVL	5:20.00
7	Marchand, Richard	M48 WKM	5:25.00
8	Hodson, John	M52 NAVY-BC	5:27.00

**Heat 9 of 10 Finals**

1	Hallamore, Chris	M39 EBSC	5:03.00
2	Carmichael, Rod	M60 VIC	4:56.50
3	Carlsen, Glenn	M54 WRSA	4:45.25
4	Kido, Shingo	M26 EBSC	4:45.10
5	Francke, Jan	M27 SQTI-BD	4:45.23
6	Godkin, Adam	M19 HCM-BC	4:46.00
7	Figel, Martin	M24 VIC	4:59.60
8	Harmer, Annelie	W43 EBSC	5:03.12

**Heat 10 of 10 Finals**

1	Hobbs, Brent	M44 OMSC	4:38.00
2	Craig, Rod	M51 NSM	4:36.00
3	Ferguson, David	M38 UBC	4:34.99
4	Welbourn, Graham	M50 UNATT-VD	4:26.50
5	Saw, Yi-khy	M25 SQTI-BD	4:29.60
6	Le Bihan, Patrice	M35 EBSC	4:35.00
7	Oldham, Mark	M42 EBSC	4:36.00
8	Cheng, Yue Ching	M26 HCM-BC	4:45.00

**#6 Mixed 50 SC Meter Butterfly****Sponsor: Mission Save-On-Foods**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 11 Finals**

2	Caskey, Donald	M67 WKM	1:03.00
3	MacPherson, Linda	W73 SHUMT	1:00.00
4	Nevile Carter, Val	W69 VCSS	54.73
5	Miscavish, Thea	W35 NEBB	58.34
6	Harder, Ken	M57 ORCA	1:00.00

**Heat 2 of 11 Finals**

1	Ratkay, Julia	W49 SEMI-BC	51.43
2	Korbely, Erika	W70 HCM-BC	49.70
3	Hartney, Bonnie	W55 SEMI-BC	47.08
4	Leach-Trask, Jennifer	W56 OMSC	46.30
5	Pozniak, Gail	W51 SEMI-BC	46.86
6	March, Joanne	W48 OMSC	48.50
7	Stockstad, Anne Lynn	W21 SEMI-BC	50.00
8	Cooke, Heather	W40 ORCA	53.03

**Heat 3 of 11 Finals**

1	Ray, Skip	M70 UNAT	44.00
2	Szasz, Ivan	M75 UBC	43.05
3	Gallagher, Katrina	W21 SEMI-BC	42.65
4	Morgan, Ross	M61 VIC	41.20
5	Moseley, Ryan	M39 ORCA	42.00
6	Convey, John	M73 VCSS	43.00
7	Hall, Grant	M76 VCSS	43.44
8	Dahl, Leora	W33 OMSC	45.00

**Heat 4 of 11 Finals**

1	Phillips, Diane	W60 HCM-BC	40.50
2	Smith, Elizabeth	W63 WIN	40.00
3	Mooney, Hayley	W31 NAVY-BC	39.00
4	Medcalf, Laura	W31 OMSC	39.00
5	Sigaty, Kathy	W44 SHUMT	39.00
6	Ho, Michelle	W31 WIN	39.39
7	Manley, Theo	W56 WRW	40.00
8	Machado, Wanda	W41 WKM	40.80

**Heat 5 of 11 Finals**

1	Simpson, Gary	M52 CHIL	38.86
2	Pestell, Stephen	M57 UNAT	38.00
3	Imada, Kelly	W33 OMSC	38.00
4	Brault, Danielle	W55 VIC	37.80
5	Chancey, Jenni	W27 SQTI-BD	37.90
6	Martin, Kristi	W22 WRW	38.00
7	Blais, Ashley	W22 SEMI-BC	38.30
8	Dowling, Mike	M64 NSM	39.00

**Heat 6 of 11 Finals**

1	Koersen, Elizabeth	W53 OMSC	37.00
2	Denefle, Regis	M44 EBSC	36.00
3	Harmer, Annelie	W43 EBSC	36.00
4	Graham, Kathy	W53 WIN	35.43
5	Hodson, John	M52 NAVY-BC	35.60
6	Burvill, Ian	M65 NEBB	36.00
7	Yearwood, Lynn	W44 VIC	36.00
8	Cann, Chris	M27 NAVY-BC	37.20

**Heat 7 of 11 Finals**

1	Krzic, Maja	W48 UBC	35.30
2	Hobbs, Liz	W50 EBSC	34.21
3	Triol, Bill	M57 WKM	34.00
4	McCall, Janie	W52 WRSA	34.00
5	Ott, Stephen	M52 OMSC	34.00
6	Reid, Jennifer	W28 VIC	34.20
7	Siska, Attila	M20 HCM-BC	35.00
8	O'Brien, Peter	M62 WRSA	35.42

**Heat 8 of 11 Finals**

1	Wallace, Laurie	W42 CMSC	33.50
2	Gale, Graham	M40 REVL	33.10
3	Figel, Martin	M24 VIC	32.76
4	Atkinson, Peter	M44 REVL	32.30
5	Feinberg, Avi	M32 UBC	32.50
6	Hartford, Doug	M48 VIC	32.97
7	Mehus, Glen	M57 WCMSC	33.50
8	Campbell, Andrew	M37 SQTI-BD	33.92

**Heat 9 of 11 Finals**

1	Guidi-Swan, Carmelle	W39 OMSC	32.11
2	Mills, Ray	M41 SHUMT	32.00
3	Thorley, Joseph	M39 WKM	32.00
4	Szirmai, Alex	M54 REVL	31.08
5	Dickson, Dave	M58 WRSA	31.75
6	MacDonald, Sarah	W51 VIC	32.00
7	Giannoccaro, Louise	W49 WRSA	32.05
8	Slater, Craig	M51 SEMI-BC	32.21

**Heat 10 of 11 Finals**

1	Salon, Nadia	W25 REVL	31.00
2	Sutherland, Pascal	M35 OMSC	30.00
3	Garside, Simon	M51 WRSA	29.85
4	Francke, Jan	M27 SQTI-BD	29.20
5	Craig, Rod	M51 NSM	29.21
6	Ardron, Alex	M21 OMSC	29.90
7	Drinnan, Siubhan	W36 EMSC	30.72
8	Carmichael, Rod	M60 VIC	31.00

## 2011 MSABC Swimming Championships - 15/04/2011 to 17/04/2011

## Meet Program

**Heat 11 (#6 Mixed 50 SC Meter Butterfly)**

1	Saw, Yi-khy	M25 SQTI-BD	28.80
2	Merchant, Paul	M37 CMSC	28.60
3	Coote, Brian	M37 SEMI-BC	27.01
4	Wilkins, Paul	M30 UBC	26.80
5	Markey, Jason	M39 EBSC	26.88
6	Rogaar, Mark	M23 OMSC	28.30
7	Anderson, Kevin	M41 UNAT	28.60
8	Savage, Arthur	M30 HYAC	29.00

**#7 Mixed 200 SC Meter IM**

Sponsor: Culligan Water

Lane	Name	Age	Team	Seed	Time
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**Heat 1 of 7 Finals**

1	Varty, Eulah	W77	COWI	4:27.24
2	March, Joanne	W48	OMSC	4:18.00
3	Scantland, James	M77	NEBB	4:00.25
4	Younk, Karina	W51	NEBB	3:46.91
5	Newth, Valerie	W65	OMSC	4:00.00
6	Ratkay, Julia	W49	SEMI-BC	4:05.49
7	Caskey, Donald	M67	WKM	4:22.00

**Heat 2 of 7 Finals**

1	Alldritt, Miranda	W34	NSM	3:45.00
2	Bromley, Heidi	W56	NEBB	3:37.70
3	Manley, Theo	W56	WRW	3:30.21
4	Gallagher, Katrina	W21	SEMI-BC	3:20.96
5	Watt, Robin	W36	SHUMT	3:30.00
6	Smith, Taryn	W44	ORCA	3:35.99
7	Yajima, Mitsuaki	M39	EBSC	3:38.90
8	Shanner, Collette	W44	ORCA	3:45.63

**Heat 3 of 7 Finals**

1	Sigaty, Kathy	W44	SHUMT	3:15.00
2	Lozano, Paola	W25	UBC	3:14.00
3	Foster, Kevin	M32	EBSC	3:10.00
4	Foreman, Julia	W30	WIN	3:07.00
5	Bailey, Kari	W44	OMSC	3:07.35
6	Simmons, Susan	W46	VIC	3:12.00
7	Imada, Kelly	W33	OMSC	3:15.00
8	Cooke, Mike	M42	ORCA	3:20.67

**Heat 4 of 7 Finals**

1	McManus, John	M57	NAVY-BC	3:05.29
2	Hoft, Jeanette	W47	OMSC	2:59.05
3	Dyck, Chantal	W43	OMSC	2:57.00
4	Babb, Troy	M56	HCM-BC	2:53.00
5	Freeman, Dale	W51	SEMI-BC	2:54.63
6	Kelemen, Nicole	W28	RMM	2:57.00
7	Gale, Graham	M40	REVL	3:00.00
8	Morgan, Olivia	W20	SQTI-BD	3:06.35

**Heat 5 of 7 Finals**

1	Shirriff, Janis	W50	USMSC	2:51.09
2	Giannoccaro, Louise	W49	WRSA	2:50.00
3	Stockstad, Danica	W19	SEMI-BC	2:46.26
4	Smirl, Jon	M32	OMSC	2:45.00
5	Beaudin, Gilles	M57	EBSC	2:45.50
6	Carlsen, Jeanne	W53	WRSA	2:47.98
7	Kelsall, Rosemary	W49	REVL	2:50.75
8	Hodson, John	M52	NAVY-BC	2:52.00

**Heat 6 of 7 Finals**

1	Hooper, James	M40	UBC	2:40.00
2	Doyley, Doug	M53	EBSC	2:37.00
3	Cann, Chris	M27	NAVY-BC	2:35.30
4	Hobbs, Brent	M44	OMSC	2:32.00
5	Szirmai, Alex	M54	REVL	2:33.00
6	Sherwood, Alex	M25	KSUN	2:35.37
7	Guidi-Swan, Carmelle	W39	OMSC	2:39.50
8	Colter, Dave	M43	WIN	2:45.00

**Heat 7 of 7 Finals**

1	Kido, Shingo	M26	EBSC	2:29.00
2	MacNeil, Brett	M40	NAVY-BC	2:26.00
3	Saw, Yi-khy	M25	SQTI-BD	2:23.40
4	Welechuk, Jeff	M41	WRSA	2:19.49
5	Le Bihan, Patrice	M35	EBSC	2:20.00
6	Rabinovitch, Nick	M37	OMSC	2:25.00
7	Oldham, Mark	M42	EBSC	2:28.00
8	Kraft, Nicole	W26	OMSC	2:30.00

**#8 Women 200 SC Meter Freestyle Relay**

Sponsor: Wine Central

Team	Relay	Seed	Time
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--- No entries for this event

**#9 Men 200 SC Meter Freestyle Relay**

Sponsor: M&amp;M Meat Shops

Team	Relay	Seed	Time
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--- No entries for this event

**#10 Mixed 100 SC Meter Backstroke**

Sponsor: Cathy Sheehan/John Kennedy

Lane	Name	Age	Team	Seed	Time
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**Heat 1 of 9 Finals**

3	Hambrook, Gladys	W80	OMSC	2:23.57
4	Russo, Monique	W51	OMSC	2:15.00
5	Schulhof, Fred	M92	NSM	2:16.46

**Heat 2 of 9 Finals**

1	Varty, Eulah	W77	COWI	2:10.05
2	Ratkay, Julia	W49	SEMI-BC	2:06.82
3	Ho, Fernanda	W59	WIN	2:00.00
4	Stamhuis, Conny	W79	OMSC	1:53.00
5	McKilligan, Frances	W73	NSM	1:59.00
6	Scantland, James	M77	NEBB	2:00.20
7	Henderson, Carolyn	W66	VCSS	2:10.00
8	March, Joanne	W48	OMSC	2:13.00

**Heat 3 of 9 Finals**

1	Caskey, Donald	M67	WKM	1:49.00
2	Convey, John	M73	VCSS	1:45.00
3	Smith, Taryn	W44	ORCA	1:41.02
4	Pozniak, Gail	W51	SEMI-BC	1:40.00
5	Dowling, Mike	M64	NSM	1:40.00
6	Crofts, Neil	M49	ORCA	1:43.00
7	Shirtliff, Nadene	W48	WTMSC	1:45.09
8	Wiens, Barb	W64	NSM	1:50.00

**Heat 4 of 9 Finals**

1	Ellis, David	M66	EMSC	1:39.00
2	Thornton, Sera	W25	UNAT	1:36.83
3	Denefle, Regis	M44	EBSC	1:35.00
4	Mooney, Hayley	W31	NAVY-BC	1:33.27
5	Tannas, Karen	W45	VIC	1:35.00
6	Renning, Rhonda	W44	OMSC	1:35.35
7	Ryan, Nancy	W63	NEBB	1:37.90
8	Ricketts, Steve	M56	NEBB	1:40.00

**Heat 5 of 9 Finals**

1	Cooke, Mike	M42	ORCA	1:31.86
2	Simmons, Susan	W46	VIC	1:30.00
3	Staton, Brian	M64	NEBB	1:30.00
4	Smith, Elizabeth	W63	WIN	1:29.00
5	White, Bryn	W39	ORCA	1:29.25
6	Marchand, Richard	M48	WKM	1:30.00
7	Manley, Theo	W56	WRW	1:30.99
8	Machado, Wanda	W41	WKM	1:32.20

**Heat 6 of 9 Finals**

1	Chancey, Jenni	W27	SQTI-BD	1:28.80
2	Myers, Mary Anne	W56	WGB	1:25.00
3	Bailey, Kari	W44	OMSC	1:23.10
4	Graham, Kathy	W53	WIN	1:21.98
5	Chiu, Cary	M41	VIC	1:23.00
6	Versfield, Hella	W61	OMSC	1:24.00
7	Foreman, Julia	W30	WIN	1:25.00
8	Looye, Aart	M67	SEMI-BC	1:29.00

**Heat 7 of 9 Finals**

1	McCall, Janie	W52	WRSA	1:20.00
2	Gale, Graham	M40	REVL	1:20.00
3	Shirriff, Janis	W50	USMSC	1:18.92
4	Kraft, Nicole	W26	OMSC	1:18.00
5	Hobbs, Liz	W50	EBSC	1:18.68
6	Kelsall, Rosemary	W49	REVL	1:19.50
7	Martin, Kristi	W22	WRW	1:20.00
8	Babb, Troy	M56	HCM-BC	1:21.00

**Heat 8 of 9 Finals**

1	Yearwood, Lynn	W44	VIC	1:17.00
2	Slater, Craig	M51	SEMI-BC	1:14.70
3	Sanderson, Greg	M45	NSM	1:13.30
4	Dimitrov, George	M29	WTMSC	1:10.30
5	Sheehan, Cathy	W51	OMSC	1:12.63
6	O'Brien, Peter	M62	WRSA	1:14.64
7	Salon, Nadia	W25	REVL	1:17.00
8	Reid, Jennifer	W28	VIC	1:17.77

**Heat 9 of 9 Finals**

1	Sutherland, Pascal	M35	OMSC	1:09.00
2	Savage, Arthur	M30	HYAC	1:07.00
3	Le Bihan, Patrice	M35	EBSC	1:04.50
4	Welechuk, Jeff	M41	WRSA	1:00.52
5	Coote, Brian	M37	SEMI-BC	1:02.90
6	Sherwood, Alex	M25	KSUN	1:04.75
7	McIntyre, Mike	M58	OMSC	1:08.00
8	Weltzin, Garry	M52	SEMI-BC	1:10.00

## 2011 MSABC Swimming Championships - 15/04/2011 to 17/04/2011

## Meet Program

#11 Mixed 50 SC Meter Breaststroke			
Sponsor: Chainline Cycle			
Lane	Name	Age Team	Seed Time
<b>Heat 1 of 11 Finals</b>			
3	Miscavish, Thea	W35 NEBB	1:10.00
4	Davis, Nancy	W75 CMSC	1:05.00
5	Harder, Ken	M57 ORCA	1:10.00
6	Davis, Lawrence	M71 REVL	1:45.00
<b>Heat 2 of 11 Finals</b>			
1	Scantland, James	M77 NEBB	59.00
2	Korbely, Erika	W70 HCM-BC	56.70
3	Ho, Fernanda	W59 WIN	55.07
4	Newth, Valerie	W65 OMSC	55.00
5	Convey, Paul	M71 VCSS	55.00
6	Warren, Sue	W70 VCSS	55.61
7	Pilon, Carol	W41 VIC	57.00
8	Schulhof, Fred	M92 NSM	1:00.37
<b>Heat 3 of 11 Finals</b>			
1	Steinmann, Manfred	M68 WTMSC	53.24
2	Warren, Brough	M69 VCSS	53.00
3	Olesen, Shannon	W41 EBSC	52.00
4	Cooke, Heather	W40 ORCA	51.34
5	Martel, Len	M35 VIC	52.00
6	Shanner, Collette	W44 ORCA	52.73
7	Versfeld, Kees	M63 OMSC	53.00
8	Stamhuis, Conny	W79 OMSC	55.00
<b>Heat 4 of 11 Finals</b>			
1	Moyer, Gerry	M67 OMSC	51.00
2	Atkinson, Peter	M44 REVL	50.55
3	Zambon, Marjon	W65 OMSC	50.00
4	Morgan, Olivia	W20 SQTI-BD	49.89
5	Malczynski, Isabelle	W49 NAVY-BC	50.00
6	Gibbings, Don	M61 ORCA	50.24
7	Tvrdik, Vaclav	M71 WTMSC	51.00
8	Bromley, Heidi	W56 NEBB	51.07
<b>Heat 5 of 11 Finals</b>			
1	March, Joanne	W48 OMSC	49.00
2	Duffield, Paul	M42 OMSC	49.00
3	Papadopoulos, Kenna	W70 WIN	47.53
4	Imada, Kelly	W33 OMSC	47.00
5	Kinnear, Renee J	W57 HCM-BC	47.52
6	Arkle, Louise	W51 WTMSC	49.00
7	Campbell, Sheila	W66 WCMSC	49.00
8	Ho, Michelle	W31 WIN	49.79
<b>Heat 6 of 11 Finals</b>			
1	Eidsvik, Chris	M51 NEBB	45.00
2	Wissman, Randy	M37 OMSC	45.00
3	Ito, Masa	M64 EBSC	45.00
4	Yoneda, Jill	W37 UBC	45.00
5	Johnson, Paul	M50 EBSC	45.00
6	Pestell, Stephen	M57 UNAT	45.00
7	Sigaty, Kathy	W44 SHUMT	45.00
8	Hartney, Bonnie	W55 SEMI-BC	45.04
<b>Heat 7 of 11 Finals</b>			
1	Rogers, Allegra	W20 OMSC	44.00
2	Dyck, Chantal	W43 OMSC	43.50
3	Clegg, Andrew	M38 SQTI-BD	43.20
4	Hoft, Tony	M56 OMSC	42.00
5	Kelemen, Nicole	W28 RMM	42.50
6	Stockstad, Danica	W19 SEMI-BC	43.23
7	Lozano, Paola	W25 UBC	44.00
8	Heinrich, Gayle	W41 SHUMT	44.43
<b>Heat 8 of 11 Finals</b>			
1	Staton, Brian	M64 NEBB	42.00
2	Brault, Danielle	W55 VIC	41.50
3	Hoft, Jeanette	W47 OMSC	41.03
4	Lau, Andrew	M22 VIC	41.00
5	Bell, Peter	M76 NSM	41.00
6	McManus, John	M57 NAVY-BC	41.28
7	Simpson, Gary	M52 CHIL	41.63
8	Burvill, Ian	M65 NEBB	42.00
<b>Heat 9 of 11 Finals</b>			
1	Simpson, Mike	M45 SHUMT	40.21
2	Ott, Stephen	M52 OMSC	39.00
3	Hartford, Doug	M48 VIC	38.15
4	Yajima, Mitsuaki	M39 EBSC	37.10
5	Campbell, Andrew	M37 SQTI-BD	38.00
6	Hurry, Gary	M58 OMSC	39.00
7	Mehus, Glen	M57 WCMSC	40.00
8	Salon, Nadia	W25 REVL	41.00
<b>Heat 10 of 11 Finals</b>			
1	Slater, Craig	M51 SEMI-BC	36.65
2	Godkin, Andrew	M20 HCM-BC	36.00
3	Rogaar, Mark	M23 OMSC	35.00
4	Anderson, Kevin	M41 UNAT	35.00
5	Smirl, Jon	M32 OMSC	35.00
6	Merchant, Paul	M37 CMSC	35.50
7	Beaudin, Gilles	M57 EBSC	36.50
8	Hodson, John	M52 NAVY-BC	37.00
<b>Heat 11 of 11 Finals</b>			
1	Kerasiotis, Erik	M45 UBC	34.00
2	Morris, Daryl	M28 VIC	33.50
3	Garside, Simon	M51 WRSA	33.26
4	Hooper, James	M40 UBC	32.42
5	MacNeil, Brett	M40 NAVY-BC	33.00
6	Rabinovitch, Nick	M37 OMSC	33.50
7	Oldham, Mark	M42 EBSC	33.80
8	Saw, Yi-khy	M25 SQTI-BD	35.00
<b>#12 Mixed 100 SC Meter Butterfly</b>			
Sponsor: Custom Laser Hair Removal			
Lane	Name	Age Team	Seed Time
<b>Heat 1 of 5 Finals</b>			
1	Varty, Eulah	W77 COWI	2:32.22
2	Szasz, Ivan	M75 UBC	1:55.00
3	Younk, Karina	W51 NEBB	1:52.75
4	Dowling, Mike	M64 NSM	1:40.00
5	March, Joanne	W48 OMSC	1:50.25
6	Hall, Grant	M76 VCSS	1:55.00
7	Nevile Carter, Val	W69 VCSS	2:12.20
<b>Heat 2 of 5 Finals</b>			
1	Blais, Ashley	W22 SEMI-BC	1:31.27
2	Babb, Troy	M56 HCM-BC	1:26.00
3	Robertson, Deborah	W49 NSM	1:24.00
4	Simmons, Susan	W46 VIC	1:23.00
5	Duval, Kerry	W46 SEMI-BC	1:23.69
6	Foster, Kevin	M32 EBSC	1:25.00
7	Koersen, Elizabeth	W53 OMSC	1:31.01
8	Ricketts, Steve	M56 NEBB	1:35.00
<b>Heat 3 of 5 Finals</b>			
1	Freeman, Dale	W51 SEMI-BC	1:18.90
2	Harmer, Annelie	W43 EBSC	1:17.12
3	Wallace, Laurie	W42 CMSC	1:15.00
4	Drinnan, Siubhan	W36 EMSC	1:10.90
5	Giannoccaro, Louise	W49 WRSA	1:12.90
6	Colter, Dave	M43 WIN	1:15.00
7	Cann, Chris	M27 NAVY-BC	1:18.50
8	Triol, Bill	M57 WKM	1:21.00
<b>Heat 4 of 5 Finals</b>			
1	Salon, Nadia	W25 REVL	1:10.00
2	Guidi-Swan, Carmelle	W39 OMSC	1:09.20
3	Szirmai, Alex	M54 REVL	1:08.45
4	Hobbs, Brent	M44 OMSC	1:07.00
5	Ardron, Alex	M21 OMSC	1:07.68
6	Carlsen, Glenn	M54 WRSA	1:08.51
7	Francke, Jan	M27 SQTI-BD	1:09.80
8	Dickson, Dave	M58 WRSA	1:10.60
<b>Heat 5 of 5 Finals</b>			
1	Craig, Rod	M51 NSM	1:06.00
2	Anderson, Kevin	M41 UNAT	1:05.00
3	Kido, Shingo	M26 EBSC	1:02.00
4	Markey, Jason	M39 EBSC	59.93
5	Coote, Brian	M37 SEMI-BC	1:01.50
6	Weltzin, Garry	M52 SEMI-BC	1:04.00
7	Merchant, Paul	M37 CMSC	1:06.00
8	Savage, Arthur	M30 HYAC	1:06.50
<b>#13 Mixed 200 SC Meter Freestyle</b>			
Sponsor: Redthirteen Communications			
Lane	Name	Age Team	Seed Time
<b>Heat 1 of 11 Finals</b>			
3	Hambrook, Gladys	W80 OMSC	4:45.98
4	Sluyter, Mary	W71 NEBB	4:07.25
5	Roberts, Marion	W76 WCMSC	4:30.58
<b>Heat 2 of 11 Finals</b>			
2	Jelen, Jaroslaw	M68 ORCA	4:00.00
3	Versfeld, Kees	M63 OMSC	3:56.00
4	Miscavish, Thea	W35 NEBB	3:49.00
5	Simpson, Mike	M45 SHUMT	3:53.59
6	Ratkay, Julia	W49 SEMI-BC	3:56.14
7	Papadopoulos, Kenna	W70 WIN	4:03.90
<b>Heat 3 of 11 Finals</b>			
1	McKilligan, Frances	W73 NSM	3:48.00
2	MacPherson, Linda	W73 SHUMT	3:30.00
3	Sanderson, Margie	W53 NEBB	3:28.00
4	Leach-Trask, Jennifer	W56 OMSC	3:25.00
5	Willies, Gord	M73 KSUN	3:25.74
6	Ott, Anita	W47 OMSC	3:28.00
7	Zambon, Marjon	W65 OMSC	3:45.00
8	Olesen, Shannon	W41 EBSC	3:48.21

## 2011 MSABC Swimming Championships - 15/04/2011 to 17/04/2011

## Meet Program

<b>Heat 4 (#13 Mixed 200 SC Meter Freestyle)</b>			<b>Heat 10 of 11 Finals</b>			<b>Heat 5 of 15 Finals</b>					
1	Wiens, Barb	W64 NSM	3:20.00	1	McIntyre, Mike	M58 OMSC	2:20.00	1	Dowling, Mike	M64 NSM	1:40.00
2	Smith, Taryn	W44 ORCA	3:10.85	2	Kraft, Nicole	W26 OMSC	2:20.00	2	Shanner, Collette	W44 ORCA	1:38.50
3	Wilkins, Bob	M63 SHUMT	3:10.00	3	Figel, Martin	M24 VIC	2:19.05	3	Burvill, Ian	M65 NEBB	1:35.00
4	Mooney, Hayley	W31 NAVY-BC	3:00.00	4	Godkin, Adam	M19 HCM-BC	2:10.00	4	Bell, Peter	M76 NSM	1:35.00
5	Harder, Ken	M57 ORCA	3:00.00	5	Craig, Rod	M51 NSM	2:12.00	5	Ito, Masa	M64 EBSC	1:35.00
6	Hall, Grant	M76 VCSS	3:10.20	6	Sutherland, Pascal	M35 OMSC	2:20.00	6	Hartney, Bonnie	W55 SEMI-BC	1:35.14
7	Cooke, Heather	W40 ORCA	3:16.82	7	Aamodt, Tor	M38 UBC	2:20.00	7	Bromley, Heidi	W56 NEBB	1:38.77
8	Martel, Len	M35 VIC	3:20.00	8	Carmichael, Rod	M60 VIC	2:20.40	8	Heinrich, Gayle	W41 SHUMT	1:40.00
<b>Heat 5 of 11 Finals</b>			<b>Heat 11 of 11 Finals</b>			<b>Heat 6 of 15 Finals</b>					
1	White, Bryn	W39 ORCA	2:58.01	1	Saw, Yi-khy	M25 SQTI-BD	2:09.00	1	Ho, Michelle	W31 WIN	1:34.70
2	Whyte, Chris	W51 KSUN	2:57.45	2	Markey, Jason	M39 EBSC	2:07.14	2	Lingley, David	M61 HYACC-VD	1:33.00
3	Manley, Theo	W56 WRW	2:55.99	3	Welbourn, Graham	M50 UNATT-VD	2:06.50	3	Imada, Kelly	W33 OMSC	1:33.00
4	Clegg, Andrew	M38 SQTI-BD	2:54.00	4	Welechuk, Jeff	M41 WRSA	2:02.03	4	Cooke, Mike	M42 ORCA	1:31.98
5	Boothroyd, Sa	W50 NSM	2:55.00	5	Le Bihan, Patrice	M35 EBSC	2:06.50	5	White, Bryn	W39 ORCA	1:32.56
6	Machado, Wanda	W41 WKM	2:57.22	6	Oldham, Mark	M42 EBSC	2:07.00	6	Phillips, Diane	W60 HCM-BC	1:33.00
7	Renning, Rhonda	W44 OMSC	2:57.57	7	Ferguson, David	M38 UBC	2:08.00	7	Smith, Elizabeth	W63 WIN	1:34.00
8	Looye, Aart	M67 SEMI-BC	2:59.00	8	Ardron, Alex	M21 OMSC	2:09.14	8	Stockstad, Anne Lynn	W21 SEMI-BC	1:35.00
<b>Heat 6 of 11 Finals</b>			<b>#14 Mixed 100 SC Meter IM</b>			<b>Heat 7 of 15 Finals</b>					
1	Morgan, Ross	M61 VIC	2:50.00	<b>Sponsor: Culligan Water</b>			1	Dimitrov, George	M29 WTMSC	1:30.00	
2	Foreman, Julia	W30 WIN	2:50.00	<b>Lane Name Age Team Seed Time</b>		2	Eidsvik, Chris	M51 NEBB	1:30.00		
3	Lingley, David	M61 HYACC-VD	2:46.00	<b>Heat 1 of 15 Finals</b>		3	Simpson, Gary	M52 CHIL	1:29.90		
4	Atkinson, Peter	M44 REVL	2:45.00	2	Schulhof, Fred	M92 NSM	3:00.00	4	Mooney, Hayley	W31 NAVY-BC	1:28.43
5	Boice, Sarah	W22 KSUN	2:45.70	3	Harder, Ken	M57 ORCA	2:15.00	5	Morgan, Olivia	W20 SQTI-BD	1:28.43
6	Ellis, David	M66 EMSC	2:46.00	4	Miscavish, Thea	W35 NEBB	2:01.00	6	Simmons, Susan	W46 VIC	1:30.00
7	Sandhu, Jacko	M55 NEBB	2:50.00	5	March, Joanne	W48 OMSC	2:05.00	7	Ricketts, Steve	M56 NEBB	1:30.00
8	Imada, Kelly	W33 OMSC	2:52.00	6	MacPherson, Linda	W73 SHUMT	2:20.20	8	Manley, Theo	W56 WRW	1:31.00
<b>Heat 7 of 11 Finals</b>			<b>Heat 2 of 15 Finals</b>			<b>Heat 8 of 15 Finals</b>					
1	Johnson, Paul	M50 EBSC	2:44.00	1	Caskey, Donald	M67 WKM	2:00.00	1	Gallagher, Katrina	W21 SEMI-BC	1:27.35
2	Blais, Ashley	W22 SEMI-BC	2:42.90	2	Zambon, Marjon	W65 OMSC	2:00.00	2	Chancey, Jenni	W27 SQTI-BD	1:26.30
3	Chiu, Cary	M41 VIC	2:40.00	3	Shirtliff, Nadene	W48 WTMSC	1:55.45	3	Sawyer, Robyn	W54 SEMI-BC	1:25.12
4	Rutter, Mark	M38 ORCA	2:40.00	4	Steinmann, Manfred	M68 WTMSC	1:55.00	4	Rogers, Allegra	W20 OMSC	1:25.00
5	Marchand, Richard	M48 WKM	2:40.00	5	Newth, Valerie	W65 OMSC	1:55.00	5	Martin, Kristi	W22 WRW	1:25.00
6	Chancey, Jenni	W27 SQTI-BD	2:41.20	6	Ray, Skip	M70 UNAT	2:00.00	6	Hoft, Tony	M56 OMSC	1:26.00
7	Krzic, Maja	W48 UBC	2:43.35	7	Lozano, Paola	W25 UBC	2:00.00	7	Lau, Andrew	M22 VIC	1:27.00
8	Mills, Ray	M41 SHUMT	2:45.00	8	Scantland, James	M77 NEBB	2:00.05	8	Sigaty, Kathy	W44 SHUMT	1:28.00
<b>Heat 8 of 11 Finals</b>			<b>Heat 3 of 15 Finals</b>			<b>Heat 9 of 15 Finals</b>					
1	Versfeld, Hella	W61 OMSC	2:39.00	1	Pilon, Carol	W41 VIC	1:50.00	1	Thorley, Joseph	M39 WKM	1:25.00
2	Cruikshank, Jim	M48 HYACC-VD	2:34.79	2	Arkle, Louise	W51 WTMSC	1:49.00	2	Hobbs, Liz	W50 EBSC	1:25.00
3	Welbourn, Suzanne	W42 UNATT-VD	2:31.82	3	Ryan, Nancy	W63 NEBB	1:46.50	3	Graham, Kathy	W53 WIN	1:24.55
4	Hurry, Gary	M58 OMSC	2:30.00	4	Younk, Karina	W51 NEBB	1:45.47	4	Versfeld, Hella	W61 OMSC	1:24.00
5	McManus, John	M57 NAVY-BC	2:30.77	5	Korbely, Erika	W70 HCM-BC	1:46.30	5	Robertson, Deborah	W49 NSM	1:24.00
6	Shirriff, Janis	W50 USMSC	2:33.35	6	Tvrdik, Vaclav	M71 WTMSC	1:48.00	6	Bailey, Kari	W44 OMSC	1:25.00
7	Feinberg, Avi	M32 UBC	2:35.50	7	Dahl, Leora	W33 OMSC	1:50.00	7	Brault, Danielle	W55 VIC	1:25.00
8	Sawyer, Robyn	W54 SEMI-BC	2:39.05	8	Ratkay, Julia	W49 SEMI-BC	1:53.03	8	Kelemen, Nicole	W28 RMM	1:25.00
<b>Heat 9 of 11 Finals</b>			<b>Heat 4 of 15 Finals</b>			<b>Heat 10 of 15 Finals</b>					
1	Harmer, Annelle	W43 EBSC	2:28.16	1	Convey, John	M73 VCSS	1:45.00	1	Hoft, Jeanette	W47 OMSC	1:23.66
2	Stockstad, Danica	W19 SEMI-BC	2:26.30	2	Wissman, Randy	M37 OMSC	1:45.00	2	Staton, Brian	M64 NEBB	1:23.00
3	Wilkins, Lindsey	W30 UBC	2:24.00	3	Kinnear, Renee J	W57 HCM-BC	1:43.09	3	Cruikshank, Jim	M48 HYACC-VD	1:22.59
4	Guidi-Swan, Carmelle	W39 OMSC	2:22.18	4	Pozniak, Gail	W51 SEMI-BC	1:40.00	4	Dyck, Chantal	W43 OMSC	1:20.00
5	Carlsen, Jeanne	W53 WRSA	2:23.93	5	Crofts, Neil	M49 ORCA	1:41.74	5	Gale, Graham	M40 REVL	1:20.00
6	Giannoccaro, Louise	W49 WRSA	2:26.00	6	Gibbings, Don	M61 ORCA	1:44.00	6	Chapman, Nelson	M24 OMSC	1:22.60
7	Kalas, Pam	W35 CDM	2:28.00	7	Tannas, Karen	W45 VIC	1:45.00	7	Triol, Bill	M57 WKM	1:23.00
8	McKee, Scott	M51 SHUMT	2:30.00	8	Thornton, Sera	W25 UNAT	1:45.00	8	Mehus, Glen	M57 WCMSC	1:24.00

**2011 MSABC Swimming Championships - 15/04/2011 to 17/04/2011**  
**Meet Program**

**Heat 11 (#14 Mixed 100 SC Meter IM)**

1	Pestell, Stephen	M57 UNAT	1:20.00
2	Shirriff, Janis	W50 USMSC	1:19.00
3	Reid, Jennifer	W28 VIC	1:18.44
4	Yearwood, Lynn	W44 VIC	1:18.00
5	Wallace, Laurie	W42 CMSC	1:18.00
6	Kelsall, Rosemary	W49 REVL	1:18.50
7	Hodson, John	M52 NAVY-BC	1:19.00
8	McCall, Janie	W52 WRSA	1:20.00

**Heat 12 of 15 Finals**

1	Ott, Stephen	M52 OMSC	1:16.00
2	Beaudin, Gilles	M57 EBSC	1:15.50
3	Colter, Dave	M43 WIN	1:15.00
4	Hartford, Doug	M48 VIC	1:14.20
5	Salon, Nadia	W25 REVL	1:15.00
6	Sanderson, Greg	M45 NSM	1:15.50
7	Babb, Troy	M56 HCM-BC	1:16.00
8	Hurry, Gary	M58 OMSC	1:17.00

**Heat 13 of 15 Finals**

1	Campbell, Andrew	M37 SQTI-BD	1:14.00
2	Drinnan, Siubhan	W36 EMSC	1:13.63
3	Smirl, Jon	M32 OMSC	1:13.00
4	Morris, Daryl	M28 VIC	1:12.00
5	Godkin, Andrew	M20 HCM-BC	1:12.00
6	Slater, Craig	M51 SEMI-BC	1:13.21
7	Beatty, Jeffeson	M50 REVL	1:14.00
8	Hallamore, Chris	M39 EBSC	1:14.00

**Heat 14 of 15 Finals**

1	Hooper, James	M40 UBC	1:10.00
2	Francke, Jan	M27 SQTI-BD	1:09.70
3	Kerasiotis, Erik	M45 UBC	1:09.00
4	Garside, Simon	M51 WRSA	1:08.25
5	Szirmai, Alex	M54 REVL	1:08.70
6	Yajima, Mitsuaki	M39 EBSC	1:09.45
7	Doyley, Doug	M53 EBSC	1:10.00
8	MacDonald, Sarah	W51 VIC	1:12.00

**Heat 15 of 15 Finals**

1	Saw, Yi-khy	M25 SQTI-BD	1:08.00
2	Anderson, Kevin	M41 UNAT	1:06.00
3	Coote, Brian	M37 SEMI-BC	1:03.25
4	Ardron, Alex	M21 OMSC	1:02.03
5	Wilkins, Paul	M30 UBC	1:03.20
6	Rabinovitch, Nick	M37 OMSC	1:04.50
7	MacNeil, Brett	M40 NAVY-BC	1:06.00
8	Sherwood, Alex	M25 KSUN	1:08.10

**#15 Mixed 200 SC Meter Medley Relay**

Sponsor: Tim Hortons

Team	Relay	Seed Time
--- No entries for this event		

## 2011 MSABC Swimming Championships - 15/04/2011 to 17/04/2011

## Psych Sheet - Sunday afternoon

## #16 Mixed 800 SC Meter Freestyle

Sponsor: Art Knapp

Name	Age	Team	Seed Time
1 Welbourn, Graham	M50	UNATT-VD	9:15.00
2 Carlsen, Glenn	M54	WRSA	9:34.57
3 Craig, Rod	M51	NSM	9:40.00
4 Francke, Jan	M27	SQTI-BD	10:05.14
5 Carlsen, Jeanne	W53	WRSA	10:15.00
6 Harmer, Annelle	W43	EBSC	10:24.06
7 Kalas, Pam	W35	CDM	10:30.00
8 Kido, Shingo	M26	EBSC	10:39.29
9 Wilkins, Lindsey	W30	UBC	11:00.00
10 Welbourn, Suzanne	W42	UNATT-VD	11:15.30
11 Freeman, Dale	W51	SEMI-BC	11:18.45
12 Boice, Sarah	W22	KSUN	11:27.40
13 Hodson, John	M52	NAVY-BC	11:30.00
14 Beatty, Jeffeson	M50	REVL	11:40.00
15 Gale, Graham	M40	REVL	11:40.00
16 Robertson, Deborah	W49	NSM	11:40.05
17 Deneffe, Regis	M44	EBSC	11:45.00
18 Johnson, Paul	M50	EBSC	11:54.00
19 Renning, Rhonda	W44	OMSC	12:20.00
20 Boothroyd, Sa	W50	NSM	12:20.00
21 Smith, Elizabeth	W63	WIN	12:30.00
22 Chancey, Jenni	W27	SQTI-BD	12:30.00
23 Rutter, Mark	M38	ORCA	12:35.00
24 Tannas, Karen	W45	VIC	12:40.00
25 Alldritt, Miranda	W34	NSM	12:48.00
26 Whyte, Chris	W51	KSUN	12:55.66
27 Wissman, Randy	M37	OMSC	13:00.00
28 Morgan, Olivia	W20	SQTI-BD	13:29.30
29 Younk, Karina	W51	NEBB	13:32.40
30 Leach-Trask, Jennifer	W56	OMSC	14:00.00
31 Shanner, Collette	W44	ORCA	14:07.11
32 Crofts, Neil	M49	ORCA	14:13.30
33 Pilon, Carol	W41	VIC	14:27.00
34 Gibbings, Don	M61	ORCA	14:27.00
35 Ellis, Earl	M75	UNAT	14:30.00
36 Clegg, Andrew	M38	SQTI-BD	14:57.00
37 Newth, Valerie	W65	OMSC	15:00.00
38 Martel, Len	M35	VIC	15:00.00
39 Sanderson, Margie	W53	NEBB	15:10.00
40 Willies, Gord	M73	KSUN	15:12.42
41 Hall, Grant	M76	VCSS	15:30.00
42 Hayward, Sallyann	W37	OMSC	15:53.00
43 Ratkay, Julia	W49	SEMI-BC	16:00.00
44 Howes, Wendy	W48	OMSC	16:20.00
45 Schreiber, Danita	W48	OMSC	16:57.00
46 Caskey, Donald	M67	WKM	17:00.00
47 Hambrook, Gladys	W80	OMSC	20:02.82
48 Roberts, Marion	W76	WCMS	20:05.96

SEEDING WILL BE DONE AFTER POSITIVE CHECK-IN

SEEDING WILL BE FASTEST TO SLOWEST

Positive Check-in: On deck ONLY

Deadline: Saturday 3:00PM April 16, 2011

## 2011 MSABC Swimming Championships - 15/04/2011 to 17/04/2011

## Meet Program - Sunday after distance

#17 Mixed 200 SC Meter Backstroke				#18 Mixed 400 SC Meter IM				Heat 4 of 18 Finals			
Sponsor: Cathy Sheehan/John Kennedy				Sponsor: P.A.C.E. Sport Fitness				1			
Lane	Name	Age Team	Seed Time	Lane	Name	Age Team	Seed Time	2			
<b>Heat 1 of 6 Finals</b>				<b>Heat 1 of 3 Finals</b>				3	Martel, Len	M35 VIC	1:29.00
2	Schulhof, Fred	M92 NSM	4:54.70	2	Younk, Karina	W51 NEBB	8:00.00	4	Ryan, Nancy	W63 NEBB	1:28.20
3	Russo, Monique	W51 OMSC	4:30.00	3	Ricketts, Steve	M56 NEBB	7:10.00	5	Cooke, Heather	W40 ORCA	1:28.92
4	Korbely, Erika	W70 HCM-BC	4:05.26	4	Mooney, Hayley	W31 NAVY-BC	7:00.00	6	Pilon, Carol	W41 VIC	1:31.00
5	Stamhuis, Conny	W79 OMSC	4:10.05	5	Gallagher, Katrina	W21 SEMI-BC	7:05.88	7	Sanderson, Margie	W53 NEBB	1:32.00
6	Hambrook, Gladys	W80 OMSC	4:51.45	6	Wilkins, Bob	M63 SHUMT	7:30.00	8	Wiens, Barb	W64 NSM	1:35.00
<b>Heat 2 of 6 Finals</b>				<b>Heat 2 of 3 Finals</b>				<b>Heat 5 of 18 Finals</b>			
1	Caskey, Donald	M67 WKM	4:00.00	1	Cooke, Mike	M42 ORCA	6:57.36	1	Smith, Taryn	W44 ORCA	1:27.50
2	Pozniak, Gail	W51 SEMI-BC	3:45.00	2	Myers, Mary Anne	W56 WGB	6:35.00	2	Bromley, Heidi	W56 NEBB	1:26.73
3	Manley, Theo	W56 WRW	3:32.99	3	Bailey, Kari	W44 OMSC	6:25.00	3	Looye, Aart	M67 SEMI-BC	1:25.00
4	Looye, Aart	M67 SEMI-BC	3:30.00	4	Oldham, Mark	M42 EBSC	6:20.00	4	Yoneda, Jill	W37 UBC	1:25.00
5	Staton, Brian	M64 NEBB	3:30.00	5	McManus, John	M57 NAVY-BC	6:22.64	5	Burwill, Ian	M65 NEBB	1:25.00
6	Ryan, Nancy	W63 NEBB	3:35.45	6	Babb, Troy	M56 HCM-BC	6:29.00	6	Aldritt, Miranda	W34 NSM	1:25.00
7	Wiens, Barb	W64 NSM	3:45.00	7	Freeman, Dale	W51 SEMI-BC	6:39.00	7	Moyer, Gerry	M67 OMSC	1:27.00
8	Scantland, James	M77 NEBB	4:00.45	8	Foster, Kevin	M32 EBSC	7:00.00	8	Thornton, Sera	W25 UNAT	1:27.58
<b>Heat 3 of 6 Finals</b>				<b>Heat 3 of 3 Finals</b>				<b>Heat 6 of 18 Finals</b>			
1	Brault, Danielle	W55 VIC	3:28.50	1	Wallace, Laurie	W42 CMSC	6:00.00	1	Clegg, Andrew	M38 SQTI-BD	1:22.80
2	Ellis, David	M66 EMSC	3:24.00	2	Kido, Shingo	M26 EBSC	5:46.21	2	Heinrich, Gayle	W41 SHUMT	1:22.08
3	Tannas, Karen	W45 VIC	3:20.00	3	Hobbs, Brent	M44 OMSC	5:22.00	3	Mooney, Hayley	W31 NAVY-BC	1:22.00
4	Marchand, Richard	M48 WKM	3:14.00	4	Saw, Yi-khy	M25 SQTI-BD	5:06.00	4	Gallagher, Katrina	W21 SEMI-BC	1:20.49
5	Simmons, Susan	W46 VIC	3:15.00	5	Carlsen, Glenn	M54 WRSA	5:20.97	5	Morgan, Olivia	W20 SQTI-BD	1:21.71
6	Renning, Rhonda	W44 OMSC	3:20.00	6	Doyley, Doug	M53 EBSC	5:40.00	6	Hamilton, Victor	M45 SHUMT	1:22.00
7	Wilkins, Bob	M63 SHUMT	3:25.00	7	Carlsen, Jeanne	W53 WRSA	5:50.59	7	Hall, Grant	M76 VCSS	1:22.50
8	Thornton, Sera	W25 UNAT	3:30.00	8	Hodson, John	M52 NAVY-BC	6:15.00	8	Shanner, Collette	W44 ORCA	1:23.43
<b>Heat 4 of 6 Finals</b>				<b>#19 Mixed 100 SC Meter Freestyle</b>				<b>Heat 7 of 18 Finals</b>			
1	Kelemen, Nicole	W28 RMM	3:05.00	Sponsor: Little Caesar's Pizza				1	Lozano, Paola	W25 UBC	1:20.00
2	Colter, Dave	M43 WIN	3:00.00	Lane	Name	Age Team	Seed Time	2	Crofts, Neil	M49 ORCA	1:18.23
3	Foreman, Julia	W30 WIN	3:00.00	<b>Heat 1 of 18 Finals</b>				3	Versfeld, Hella	W61 OMSC	1:18.00
4	Reid, Jennifer	W28 VIC	2:56.26	1	Campbell, Sheila	W66 WCMSC	2:15.48	4	Smith, Elizabeth	W63 WIN	1:17.30
5	Versfeld, Hella	W61 OMSC	2:59.00	2	Davis, Nancy	W75 CMSC	2:10.00	5	Koersen, Elizabeth	W53 OMSC	1:18.00
6	Martin, Kristi	W22 WRW	3:00.00	3	Davis, Lawrence	M71 REVL	2:00.00	6	Sigaty, Kathy	W44 SHUMT	1:18.00
7	White, Bryn	W39 ORCA	3:00.44	4	Dyk, Mary	W56 HCM-BC	1:59.00	7	White, Bryn	W39 ORCA	1:19.52
8	Machado, Wanda	W41 WKM	3:13.92	5	Jelen, Jaroslaw	M68 ORCA	2:00.00	8	Stockstad, Anne Lynn	W21 SEMI-BC	1:20.00
<b>Heat 5 of 6 Finals</b>				<b>Heat 2 of 18 Finals</b>				<b>Heat 8 of 18 Finals</b>			
1	Shirriff, Janis	W50 USMSC	2:51.30	1	Sluyter, Mary	W71 NEBB	1:53.25	1	Machado, Wanda	W41 WKM	1:16.93
2	Slater, Craig	M51 SEMI-BC	2:43.70	2	Olesen, Shannon	W41 EBSC	1:49.21	2	Wissman, Randy	M37 OMSC	1:15.00
3	Kraft, Nicole	W26 OMSC	2:40.00	3	Nevile Carter, Val	W69 VCSS	1:49.13	3	Boothroyd, Sa	W50 NSM	1:15.00
4	McIntyre, Mike	M58 OMSC	2:35.00	4	Miscavish, Thea	W35 NEBB	1:44.00	4	Lau, Andrew	M22 VIC	1:15.00
5	Sheehan, Cathy	W51 OMSC	2:35.86	5	Ho, Fernanda	W59 WIN	1:45.00	5	Leach-Trask, Jennifer	W56 OMSC	1:15.00
6	O'Brien, Peter	M62 WRSA	2:42.73	6	Papadopoulos, Kenna	W70 WIN	1:49.15	6	Morgan, Ross	M61 VIC	1:15.00
7	Yearwood, Lynn	W44 VIC	2:45.00	7	MacPherson, Linda	W73 SHUMT	1:50.00	7	Ellis, David	M66 EMSC	1:16.00
8	Bailey, Kari	W44 OMSC	2:55.24	8	Henderson, Carolyn	W66 VCSS	1:58.27	8	Lingley, David	M61 HYACC-VD	1:17.00
<b>Heat 6 of 6 Finals</b>				<b>Heat 3 of 18 Finals</b>				<b>Heat 9 of 18 Finals</b>			
1	Weltzin, Garry	M52 SEMI-BC	2:34.00	1	Arkle, Louise	W51 WTMSC	1:43.00	1	Krzic, Maja	W48 UBC	1:14.00
2	Savage, Arthur	M30 HYAC	2:26.50	2	Zambon, Marjon	W65 OMSC	1:40.00	2	Hoft, Tony	M56 OMSC	1:14.00
3	Sherwood, Alex	M25 KSUN	2:20.66	3	Ott, Anita	W47 OMSC	1:37.00	3	Hoft, Jeanette	W47 OMSC	1:13.45
4	Welechuk, Jeff	M41 WRSA	2:12.50	4	Convey, John	M73 VCSS	1:36.00	4	Kelemen, Nicole	W28 RMM	1:13.00
5	Le Bihan, Patrice	M35 EBSC	2:20.00	5	Ray, Skip	M70 UNAT	1:36.00	5	Medcalf, Laura	W31 OMSC	1:13.00
6	Ferguson, David	M38 UBC	2:25.00	6	Duffield, Paul	M42 OMSC	1:40.00	6	Graham, Kathy	W53 WIN	1:13.98
7	Rabinovitch, Nick	M37 OMSC	2:30.00	7	Versfeld, Kees	M63 OMSC	1:42.00	7	Johnson, Paul	M50 EBSC	1:14.00
8	Sutherland, Pascal	M35 OMSC	2:34.00	8	McKilligan, Frances	W73 NSM	1:44.00	8	Blais, Ashley	W22 SEMI-BC	1:14.53

## 2011 MSABC Swimming Championships - 15/04/2011 to 17/04/2011

## Meet Program - Sunday after distance

**Heat 10 (#19 Mixed 100 SC Meter Freestyle)**

1	O'Brien, Peter	M62 WRSA	1:12.64
2	Sawyer, Robyn	W54 SEMI-BC	1:12.00
3	Welbourn, Suzanne	W42 UNATT-VD	1:11.47
4	Shirriff, Janis	W50 USMSC	1:10.40
5	Cann, Chris	M27 NAVY-BC	1:10.50
6	Duval, Kerry	W46 SEMI-BC	1:11.69
7	Robertson, Deborah	W49 NSM	1:12.00
8	Eidsvik, Chris	M51 NEBB	1:13.00

**Heat 11 of 18 Finals**

1	Atkinson, Peter	M44 REVL	1:10.00
2	Marchand, Richard	M48 WKM	1:10.00
3	Kraft, Nicole	W26 OMSC	1:09.00
4	McManus, John	M57 NAVY-BC	1:08.83
5	Denefle, Regis	M44 EBSC	1:09.00
6	Mills, Ray	M41 SHUMT	1:10.00
7	Pestell, Stephen	M57 UNAT	1:10.00
8	Cruikshank, Jim	M48 HYACC-VD	1:10.06

**Heat 12 of 18 Finals**

1	Beaudin, Gilles	M57 EBSC	1:08.50
2	Dyck, Chantal	W43 OMSC	1:08.40
3	Moseley, Ryan	M39 ORCA	1:08.00
4	Rutter, Mark	M38 ORCA	1:08.00
5	Wilkins, Lindsey	W30 UBC	1:08.00
6	Harmer, Annelle	W43 EBSC	1:08.19
7	Kellsall, Rosemary	W49 REVL	1:08.50
8	Staton, Brian	M64 NEBB	1:08.60

**Heat 13 of 18 Finals**

1	Triol, Bill	M57 WKM	1:08.00
2	Hobbs, Liz	W50 EBSC	1:07.12
3	McKee, Scott	M51 SHUMT	1:07.00
4	Chiu, Cary	M41 VIC	1:07.00
5	Aamodt, Tor	M38 UBC	1:07.00
6	Giannoccaro, Louise	W49 WRSA	1:07.00
7	Yearwood, Lynn	W44 VIC	1:08.00
8	Gale, Graham	M40 REVL	1:08.00

**Heat 14 of 18 Finals**

1	Stockstad, Danica	W19 SEMI-BC	1:06.10
2	Campbell, Andrew	M37 SQTI-BD	1:05.88
3	Hurry, Gary	M58 OMSC	1:05.00
4	Feinberg, Avi	M32 UBC	1:05.00
5	Ott, Stephen	M52 OMSC	1:05.00
6	Dimitrov, George	M29 WTMSC	1:05.00
7	Morris, Daryl	M28 VIC	1:06.00
8	Reid, Jennifer	W28 VIC	1:06.46

**Heat 15 of 18 Finals**

1	Figel, Martin	M24 VIC	1:03.95
2	Guidi-Swan, Carmelle	W39 OMSC	1:03.30
3	Sanderson, Greg	M45 NSM	1:03.00
4	Thorley, Joseph	M39 WKM	1:03.00
5	MacDonald, Sarah	W51 VIC	1:03.00
6	Carmichael, Rod	M60 VIC	1:03.08
7	Dickson, Dave	M58 WRSA	1:03.33
8	Slater, Craig	M51 SEMI-BC	1:04.89

**Heat 16 of 18 Finals**

1	Hallamore, Chris	M39 EBSC	1:03.00
2	Drinnan, Siubhan	W36 EMSC	1:02.27
3	Szirmai, Alex	M54 REVL	1:01.30
4	Sutherland, Pascal	M35 OMSC	1:00.00
5	Smirl, Jon	M32 OMSC	1:01.00
6	Hooper, James	M40 UBC	1:02.00
7	Hartford, Doug	M48 VIC	1:02.40
8	Yajima, Mitsuaki	M39 EBSC	1:03.00

**Heat 17 of 18 Finals**

1	Godkin, Andrew	M20 HCM-BC	1:00.00
2	Garside, Simon	M51 WRSA	59.25
3	Anderson, Kevin	M41 UNAT	59.00
4	Ferguson, David	M38 UBC	58.30
5	Merchant, Paul	M37 CMSC	58.50
6	Ardron, Alex	M21 OMSC	59.09
7	Craig, Rod	M51 NSM	59.99
8	Savage, Arthur	M30 HYAC	1:00.00

**Heat 18 of 18 Finals**

1	MacNeil, Brett	M40 NAVY-BC	58.00
2	Welbourn, Graham	M50 UNATT-VD	57.50
3	Coote, Brian	M37 SEMI-BC	55.99
4	Wilkins, Paul	M30 UBC	54.20
5	Markey, Jason	M39 EBSC	55.12
6	Oldham, Mark	M42 EBSC	56.20
7	Kerasiotis, Erik	M45 UBC	57.90
8	McIntyre, Mike	M58 OMSC	58.00

**#20 Women 200 SC Meter Medley Relay****Sponsor: Wine Central**

Team	Relay	Seed Time
---	No entries for this event	

**#21 Men 200 SC Meter Medley Relay****Sponsor: Culligan Water**

Team	Relay	Seed Time
---	No entries for this event	

**#22 Mixed 200 SC Meter Butterfly****Sponsor: Rixir Powerline Solutions**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 3 Finals**

2	Varty, Eulah	W77	COWI	5:45.35
3	Alldritt, Miranda	W34	NSM	4:00.00
4	Ricketts, Steve	M56	NEBB	3:40.00
5	Koersen, Elizabeth	W53	OMSC	3:45.00
6	Szasz, Ivan	M75	UBC	4:17.72

**Heat 2 of 3 Finals**

1	Cooke, Mike	M42	ORCA	3:11.05
2	Simmons, Susan	W46	VIC	3:05.00
3	Giannoccaro, Louise	W49	WRSA	2:46.40
4	Szirmai, Alex	M54	REVL	2:40.10
5	Carlsen, Glenn	M54	WRSA	2:40.52
6	Wallace, Laurie	W42	CMSC	2:52.00
7	Freeman, Dale	W51	SEMI-BC	3:06.63
8	Foreman, Julia	W30	WIN	3:15.00

**Heat 3 of 3 Finals**

1	Hobbs, Brent	M44	OMSC	2:32.00
2	Ardron, Alex	M21	OMSC	2:30.06
3	Le Bihan, Patrice	M35	EBSC	2:25.00
4	Kido, Shingo	M26	EBSC	2:23.00
5	Markey, Jason	M39	EBSC	2:24.84
6	Francke, Jan	M27	SQTI-BD	2:28.40
7	Welechuk, Jeff	M41	WRSA	2:31.15
8	Guidi-Swan, Carmelle	W39	OMSC	2:40.10

**#23 Mixed 100 SC Meter Breaststroke****Sponsor: Ann Stanley - ReMax Kelowna**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 9 Finals**

3	Schulhof, Fred	M92	NSM	2:33.67
4	Campbell, Sheila	W66	WCMSC	2:22.65
5	Roberts, Marion	W76	WCMSC	2:26.83

**Heat 2 of 9 Finals**

2	Davis, Nancy	W75	CMSC	2:20.00
3	Papadopoulos, Kenna	W70	WIN	2:07.64
4	Versfeld, Kees	M63	OMSC	2:06.06
5	Ho, Fernanda	W59	WIN	2:07.00
6	Simpson, Mike	M45	SHUMT	2:20.00
7	Convey, Paul	M71	VCSS	2:20.55

**Heat 3 of 9 Finals**

1	Warren, Sue	W70	VCSS	2:00.61
2	Newth, Valerie	W65	OMSC	1:59.00
3	Warren, Brough	M69	VCSS	1:57.00
4	Malczynski, Isabelle	W49	NAVY-BC	1:53.00
5	Martel, Len	M35	VIC	1:55.00
6	Olesen, Shannon	W41	EBSC	1:58.21
7	Scantland, James	M77	NEBB	2:00.20
8	Steinmann, Manfred	M68	WTMSC	2:02.00

**Heat 4 of 9 Finals**

1	Pozniak, Gail	W51	SEMI-BC	1:49.63
2	Kinnear, Renee J	W57	HCM-BC	1:46.02
3	Arkle, Louise	W51	WTMSC	1:45.00
4	Machado, Wanda	W41	WKM	1:40.00
5	Heinrich, Gayle	W41	SHUMT	1:40.57
6	Smith, Taryn	W44	ORCA	1:45.85
7	Morgan, Olivia	W20	SQTI-BD	1:47.75
8	Zambon, Marjon	W65	OMSC	1:50.00

**Heat 5 of 9 Finals**

1	Sigaty, Kathy	W44	SHUMT	1:40.00
2	Lozano, Paola	W25	UBC	1:39.00
3	Boice, Sarah	W22	KSUN	1:38.50
4	Pestell, Stephen	M57	UNAT	1:38.00
5	Rogers, Allegra	W20	OMSC	1:38.00
6	Hartney, Bonnie	W55	SEMI-BC	1:38.83
7	Burwill, Ian	M65	NEBB	1:39.00
8	Ito, Masa	M64	EBSC	1:40.00

**Heat 6 of 9 Finals**

1	Mooney, Hayley	W31	NAVY-BC	1:37.00
2	Martin, Kristi	W22	WRW	1:35.00
3	Simpson, Gary	M52	CHIL	1:34.86
4	Hoft, Tony	M56	OMSC	1:33.00
5	Brault, Danielle	W55	VIC	1:33.80
6	Bell, Peter	M76	NSM	1:35.00
7	Shirriff, Janis	W50	USMSC	1:35.20
8	Gallagher, Katrina	W21	SEMI-BC	1:37.89

## 2011 MSABC Swimming Championships - 15/04/2011 to 17/04/2011

## Meet Program - Sunday after distance

**Heat 7 (#23 Mixed 100 SC Meter Breaststroke)**

1	Lau, Andrew	M22 VIC	1:32.00
2	Duval, Kerry	W46 SEMI-BC	1:29.65
3	Hoft, Jeanette	W47 OMSC	1:29.22
4	Campbell, Andrew	M37 SQTI-BD	1:24.00
5	Kelsall, Rosemary	W49 REVL	1:26.50
6	Cruikshank, Jim	M48 HYACC-VD	1:29.40
7	Carlsen, Jeanne	W53 WRSA	1:29.84
8	Kelemen, Nicole	W28 RMM	1:32.00

**Heat 8 of 9 Finals**

1	Drinnan, Siubhan	W36 EMSC	1:22.76
2	Hallamore, Chris	M39 EBSC	1:21.00
3	Carlsen, Glenn	M54 WRSA	1:20.42
4	Corbett, Brian	M52 OMSC	1:19.00
5	Yajima, Mitsuaki	M39 EBSC	1:19.50
6	Beaudin, Gilles	M57 EBSC	1:20.50
7	Hartford, Doug	M48 VIC	1:21.75
8	Aamodt, Tor	M38 UBC	1:24.00

**Heat 9 of 9 Finals**

1	Smirl, Jon	M32 OMSC	1:18.00
2	Morris, Daryl	M28 VIC	1:16.00
3	Oldham, Mark	M42 EBSC	1:14.00
4	Hooper, James	M40 UBC	1:12.23
5	MacNeil, Brett	M40 NAVY-BC	1:13.00
6	Garside, Simon	M51 WRSA	1:14.75
7	Doyley, Doug	M53 EBSC	1:17.00
8	Rabinovitch, Nick	M37 OMSC	1:19.00

**#24 Mixed 50 SC Meter Freestyle**

Sponsor: Anthony's Suzuki Subaru

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 17 Finals**

3	Campbell, Sheila	W66	WCMSC	59.12
4	Davis, Nancy	W75	CMSC	54.00
5	Jelen, Jaroslaw	M68	ORCA	55.00

**Heat 2 of 17 Finals**

1	Dyk, Mary	W56	HCM-BC	52.25
2	Stamhuis, Conny	W79	OMSC	49.78
3	Henderson, Carolyn	W66	VCSS	48.42
4	Nevile Carter, Val	W69	VCSS	47.74
5	Miscavish, Thea	W35	NEBB	48.00
6	Korbely, Erika	W70	HCM-BC	49.12
7	Sluyter, Mary	W71	NEBB	50.11

**Heat 3 of 17 Finals**

1	Olesen, Shannon	W41	EBSC	47.21
2	Davis, Lawrence	M71	REVL	45.00
3	Zambon, Marjon	W65	OMSC	45.00
4	Ho, Fernanda	W59	WIN	44.02
5	McKilligan, Frances	W73	NSM	44.22
6	Versfeld, Kees	M63	OMSC	45.00
7	MacPherson, Linda	W73	SHUMT	45.00
8	Papadopoulos, Kenna	W70	WIN	47.53

**Heat 4 of 17 Finals**

1	Ott, Anita	W47	OMSC	43.00
2	Pilon, Carol	W41	VIC	41.00
3	Cooke, Heather	W40	ORCA	40.61
4	Lozano, Paola	W25	UBC	40.00
5	Wiens, Barb	W64	NSM	40.00
6	Martel, Len	M35	VIC	41.00
7	Convey, John	M73	VCSS	41.00
8	Convey, Paul	M71	VCSS	44.00

**Heat 5 of 17 Finals**

1	Duffield, Paul	M42	OMSC	40.00
2	Hamilton, Victor	M45	SHUMT	39.00
3	Ray, Skip	M70	UNAT	39.00
4	Phillips, Diane	W60	HCM-BC	38.50
5	Leach-Trask, Jennifer	W56	OMSC	38.90
6	Sanderson, Margie	W53	NEBB	39.00
7	Willies, Gord	M73	KSUN	39.88
8	Malczynski, Isabelle	W49	NAVY-BC	40.00

**Heat 6 of 17 Finals**

1	Heinrich, Gayle	W41	SHUMT	38.00
2	Moyer, Gerry	M67	OMSC	37.50
3	Hoft, Jeanette	W47	OMSC	37.00
4	Yoneda, Jill	W37	UBC	36.00
5	Hall, Grant	M76	VCSS	36.20
6	Bromley, Heidi	W56	NEBB	37.04
7	Ryan, Nancy	W63	NEBB	37.90
8	Thornton, Sera	W25	UNAT	38.00

**Heat 7 of 17 Finals**

1	Clegg, Andrew	M38	SQTI-BD	35.60
2	Ellis, David	M66	EMSC	35.50
3	Koersen, Elizabeth	W53	OMSC	35.00
4	Martin, Kristi	W22	WRW	35.00
5	Looye, Aart	M67	SEMI-BC	35.00
6	Ho, Michelle	W31	WIN	35.02
7	Chapman, Nelson	M24	OMSC	35.50
8	White, Bryn	W39	ORCA	35.66

**Heat 8 of 17 Finals**

1	Johnson, Paul	M50	EBSC	35.00
2	Crofts, Neil	M49	ORCA	34.81
3	Simpson, Gary	M52	CHIL	34.42
4	Ito, Masa	M64	EBSC	34.00
5	Boothroyd, Sa	W50	NSM	34.21
6	Brault, Danielle	W55	VIC	34.50
7	Stockstad, Anne Lynn	W21	SEMI-BC	35.00
8	Lingley, David	M61	HYACC-VD	35.00

**Heat 9 of 17 Finals**

1	Smith, Elizabeth	W63	WIN	34.00
2	Graham, Kathy	W53	WIN	33.99
3	Wallace, Laurie	W42	CMSC	33.50
4	Simpson, Mike	M45	SHUMT	33.39
5	Mehus, Glen	M57	WCMSC	33.50
6	Gallagher, Katrina	W21	SEMI-BC	33.84
7	Blais, Ashley	W22	SEMI-BC	33.99
8	Sigaty, Kathy	W44	SHUMT	34.00

**Heat 10 of 17 Finals**

1	Medcalf, Laura	W31	OMSC	33.00
2	Krzic, Maja	W48	UBC	32.60
3	Sawyer, Robyn	W54	SEMI-BC	32.49
4	Cruikshank, Jim	M48	HYACC-VD	32.40
5	Hoft, Tony	M56	OMSC	32.45
6	Robertson, Deborah	W49	NSM	32.50
7	Morgan, Ross	M61	VIC	33.00
8	Welbourn, Suzanne	W42	UNATT-VD	33.38

**Heat 11 of 17 Finals**

1	Rutter, Mark	M38	ORCA	32.00
2	Eidsvik, Chris	M51	NEBB	32.00
3	Carlsen, Jeanne	W53	WRSA	31.98
4	Dyck, Chantal	W43	OMSC	31.30
5	Kalas, Pam	W35	CDM	31.90
6	Burvill, Ian	M65	NEBB	32.00
7	Triol, Bill	M57	WKM	32.00
8	Wissman, Randy	M37	OMSC	32.05

**Heat 12 of 17 Finals**

1	Foster, Kevin	M32	EBSC	31.00
2	McManus, John	M57	NAVY-BC	30.56
3	Pestell, Stephen	M57	UNAT	30.50
4	Reid, Jennifer	W28	VIC	30.44
5	Beaudin, Gilles	M57	EBSC	30.50
6	Yearwood, Lynn	W44	VIC	30.50
7	Giannoccaro, Louise	W49	WRSA	30.60
8	Rogers, Allegra	W20	OMSC	31.00

**Heat 13 of 17 Finals**

1	Kelsall, Rosemary	W49	REVL	30.20
2	Ott, Stephen	M52	OMSC	30.00
3	Corbett, Brian	M52	OMSC	30.00
4	Chiu, Cary	M41	VIC	29.90
5	Mills, Ray	M41	SHUMT	30.00
6	Colter, Dave	M43	WIN	30.00
7	Moseley, Ryan	M39	ORCA	30.00
8	Stockstad, Danica	W19	SEMI-BC	30.21

**Heat 14 of 17 Finals**

1	Staton, Brian	M64	NEBB	29.80
2	Guidi-Swan, Carmelle	W39	OMSC	29.30
3	MacDonald, Sarah	W51	VIC	29.00
4	Figel, Martin	M24	VIC	29.00
5	Atkinson, Peter	M44	REVL	29.00
6	Carmichael, Rod	M60	VIC	29.20
7	Morris, Daryl	M28	VIC	29.50
8	McKee, Scott	M51	SHUMT	29.90

**Heat 15 of 17 Finals**

1	Hobbs, Liz	W50	EBSC	28.82
2	Hooper, James	M40	UBC	28.50
3	Slater, Craig	M51	SEMI-BC	28.02
4	Thorley, Joseph	M39	WKM	28.00
5	Dimitrov, George	M29	WTMSC	28.00
6	Drinnan, Siubhan	W36	EMSC	28.21
7	Dickson, Dave	M58	WRSA	28.80
8	Hurry, Gary	M58	OMSC	29.00

**Heat 16 of 17 Finals**

1	Hobbs, Brent	M44	OMSC	27.80
2	Garside, Simon	M51	WRSA	27.25
3	Ardron, Alex	M21	OMSC	27.00
4	Merchant, Paul	M37	CMSC	26.80
5	Anderson, Kevin	M41	UNAT	26.90
6	Sherwood, Alex	M25	KSUN	27.01
7	Hartford, Doug	M48	VIC	27.50
8	Sanderson, Greg	M45	NSM	27.90

**2011 MSABC Swimming Championships - 15/04/2011 to 17/04/2011****Meet Program - Sunday after distance****Heat 17 (#24 Mixed 50 SC Meter Freestyle)**

1	Savage, Arthur	M30 HYAC	26.50
2	Kerasiotis, Erik	M45 UBC	26.50
3	Coote, Brian	M37 SEMI-BC	24.75
4	Wilkins, Paul	M30 UBC	24.10
5	Rogaar, Mark	M23 OMSC	24.50
6	Markey, Jason	M39 EBSC	25.75
7	McIntyre, Mike	M58 OMSC	26.50
8	Welbourn, Graham	M50 UNATT-VD	26.75

**#25 Mixed 200 SC Meter Freestyle Relay****Sponsor: Custom Laser Hair Removal**

<b>Team</b>	<b>Relay</b>	<b>Seed Time</b>
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--- No entries for this event