

FRIDAY APRIL 15 RELAY TEAMS

#	Event	Gender	Total Age	Relay Name	Swimmer 1	Age	Stroke	Swimmer 2	Age	Stroke	Swimmer 3	Age	Stroke	Swimmer 4	Age	Stroke
2	400 Medley	Mixed	164	OMSC A	Kari Bailey	44	back	Jon Smirl	32	breast	Brent Hobbs	44	fly	Rhonda Renning	44	free

SATURDAY APRIL 16 RELAY TEAMS

#	Event	Gender	Total Age	Relay Name	Swimmer 1	Age	Stroke	Swimmer 2	Age	Stroke	Swimmer 3	Age	Stroke	Swimmer 4	Age	Stroke
8	200 Free Relay	F	126	OMSC A	Allegra Rogers	20	free	Nicole Kraft	26	free	Kelly Imada	33	free	Jeanette Hoft	47	free
8	200 Free Relay	F	275	OMSC B	Gladys Hambrook	80	free	Conny Stamhuis	79	free	Marjon Zambon	65	free	Cathy Sheehan	51	free
8	200 Free Relay	F	209	OMSC C	Val Newth	65	free	Rhonda Renning	44	free	Anita Ott	47	free	Elizabeth Koersen	53	free
8	200 Free Relay	F	181	OMSC D	Kari Bailey	44	free	Leora Dahl	33	free	Joanne March	48	free	Jennifer Leach-Trask	56	free
8	200 Free Relay	F	172	OMSC E	Laura Medcalf	31	free	Sallyann Hayward	37	free	Chantal Dyck	43	free	Hella Versfeld	61	free

9	200 Free Relay	M	162	OMSC A	Brent Hobbs	44	free	Mike McIntyre	58	free	Nick Rabinovitch	37	free	Mark Rogaar	23	free
9	200 Free Relay	M	145	OMSC B	Alex Ardron	21	free	Ben Achtem	40	free	Stephen Ott	52	free	Jon Smirl	32	free
9	200 Free Relay	M	170	OMSC C	Tony Hoft	56	free	Randy Wissman	37	free	Paul Duffield	42	free	Pascal Sutherland	35	free
9	200 Free Relay	M	212	OMSC D	Gerry Moyer	67	free	Kees Versfeld	63	free	Gary Hurry	58	free	Nelson Chapman	24	free

15	200 Medley Relay	Mixed	150	OMSC A	Cathy Sheehan	51	back	Nick Rabinovitch	37	breast	Carmelle Guidi-Swan	39	fly	Mark Rogaar	23	free
15	200 Medley Relay	Mixed	168	OMSC B	Mike McIntyre	58	back	Jeanette Hoft	47	breast	Nicole Kraft	26	fly	Randy Wissman	37	free
15	200 Medley Relay	Mixed	142	OMSC C	Brent Hobbs	44	back	Kelly Imada	33	breast	Alex Ardron	21	fly	Kari Bailey	44	free
15	200 Medley Relay	Mixed	267	OMSC D	Conny Stamhuis	79	back	Tony Hoft	56	breast	Stephen Ott	52	fly	Gladys Hambrook	80	free
15	200 Medley Relay	Mixed	186	OMSC E	Rhonda Renning	44	back	Gerry Moyer	67	breast	Leora Dahl	33	fly	Paul Duffield	42	free
15	200 Medley Relay	Mixed	247	OMSC F	Hella Versfeld	61	back	Marjon Zambon	65	breast	Gary Hurry	58	fly	Kees Versfeld	63	free
15	200 Medley Relay	Mixed	176	OMSC G	Ben Achtem	40	back	Jon Smirl	32	breast	Joanne March	48	fly	Jennifer Leach-Trask	56	free
15	200 Medley Relay	Mixed	110	OMSC H	Pascal Sutherland	35	back	Allegra Rogers	20	breast	Nelson Chapman	24	fly	Laura Medcalf	31	free

Alternates for Mixed Medley

Anita Ott	47 F
Chantal Dyck	43 F
Elizabeth Koersen	53 F
Monique Russo	51 F
Sallyann Hayward	37 F
Val Newth	65 F

SUNDAY APRIL 17 RELAY TEAMS

#	Event	Gender	Total Age	Relay Name	Swimmer 1	Age	Stroke	Swimmer 2	Age	Stroke	Swimmer 3	Age	Stroke	Swimmer 4	Age	Stroke
20	200 Medley Relay	F	167	OMSC A	Cathy Sheehan	51	back	Jeanette Hoft	47	breast	Nicole Kraft	26	fly	Chantal Dyck	43	free
20	200 Medley Relay	F	151	OMSC B	Kari Bailey	44	back	Allegra Rogers	20	breast	Laura Medcalf	31	fly	Jennifer Leach-Trask	56	free
20	200 Medley Relay	F	203	OMSC C	Hella Versfeld	61	back	Rhonda Renning	44	breast	Monique Russo	51	fly	Anita Ott	47	free
20	200 Medley Relay	F	289	OMSC D	Conny Stamhuis	79	back	Marjon Zambon	65	breast	Val Newth	65	fly	Gladys Hambrook	80	free

21	200 Medley Relay	M	113	OMSC A	Nick Rabinovitch	37	back	Jon Smirl	32	breast	Alex Ardron	21	fly	Mark Rogaar	23	free
21	200 Medley Relay	M	212	OMSC B	Mike McIntyre	58	back	Brian Corbett	52	breast	Brent Hobbs	44	fly	Gary Hurry	58	free
21	200 Medley Relay	M	169	OMSC C	Stephen Ott	52	back	Tony Hoft	56	breast	Nelson Chapman	24	fly	Randy Wissman	37	free
21	200 Medley Relay	M	207	OMSC D	Pascal Sutherland	35	back	Gerry Moyer	67	breast	Paul Duffield	42	fly	Kees Versfeld	63	free

25	200 Free Relay	Mixed	106	OMSC A	Allegra Rogers	20	free	Nicole Kraft	26	free	Nick Rabinovitch	37	free	Mark Rogaar	23	free
25	200 Medley Relay	Mixed	192	OMSC B	Brent Hobbs	44	free	Cathy Sheehan	51	free	Carmelle Guidi-Swan	39	free	Mike McIntyre	58	free
25	200 Medley Relay	Mixed	130	OMSC C	Alex Ardron	21	free	Pascal Sutherland	35	free	Chantal Dyck	43	free	Laura Medcalf	31	free
25	200 Medley Relay	Mixed	273	OMSC D	Conny Stamhuis	79	free	Gladys Hambrook	80	free	Gary Hurry	58	free	Tony Hoft	56	free
25	200 Medley Relay	Mixed	213	OMSC E	Stephen Ott	52	free	Anita Ott	47	free	Gerry Moyer	67	free	Jeanette Hoft	47	free
25	200 Medley Relay	Mixed	169	OMSC F	Jon Smirl	32	free	Kari Bailey	44	free	Jennifer Leach-Trask	56	free	Randy Wissman	37	free
25	200 Medley Relay	Mixed	241	OMSC G	Hella Versfeld	61	free	Kees Versfeld	63	free	Marjon Zambon	65	free	Brian Corbett	52	free
25	200 Medley Relay	Mixed	163	OMSC H	Nelson Chapman	24	free	Paul Duffield	42	free	Rhonda Renning	44	free	Elizabeth Koersen	53	free

Alternates for Mixed Free

Sallyann Hayward	37 F
Wendy Howes	48 F
Val Newth	65 F
Monique Russo	51 F
Danita Schreiber	48 F